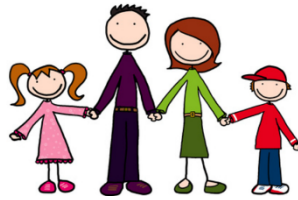


# Strengthening Families Program



**FREE** for Families with Youth in Grades 5 - 8

**When:** Tuesday Evenings April 17<sup>th</sup> – May 29<sup>th</sup>, 5:30 – 8:00 PM

**Where:** Halifax Area High School

**What:** The SFP 10-14 program is designed to:

- Enhance parenting skills, increase parental empathy, and promote effective parenting styles
- Build decision-making and life skills in youth, including stress management, conflict resolution, peer pressure resistance, and empathy skills
- Strengthen family bonds, promote positive communication, and enhance the ability to jointly solve problems

## Program Schedule

5:30: Dinner

6:00 – 7:00: Youth and Adult Sessions

7:00-8:00: Family Session

\*Daycare provided from 6-8\*

Weekly  
Prizes

Sponsored by Halifax Communities That Care

Funding provided by Dauphin County Department of Drug & Alcohol Services

If you have questions please contact Heather Crook at [crookh@hasd.us](mailto:crookh@hasd.us) or 717-896-3416 Ext.128

Youth Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parents/Guardians attending: \_\_\_\_\_

Childcare needed. If checked, please list name(s) and ages of children:

Please return to school office marked Amy Howard by Wednesday, April 11<sup>th</sup>.